

5.1 Counseling Sessions

CSDU provides counseling sessions for students with psychological problems including Upsetting events, normal developmental challenges, difficulty in adjusting with the college environment, emotional crises and mental health problems, also academic and health issues, or any concern that the student might need help with. Students will be treated based upon short-term, time-limited counseling that emphasizes life skills enhancement. Students with more specialized counseling's needs will be provided with advice to consult professionals. If the student is referred to an outside resource, it's his responsibility to follow-up.